



Thank you for your interest in 'Ekahi Wellness for your patient. To get them started, please fax this form to (808) 465 - 2505 with a legible copy of both sides of insurance card, current medical history, office notes, current medication list, and copies of current labs including metabolic panel, CBC, HbA1c, glucose tolerance test, urine microalbumin, and lipid panel.

**Requesting diabetes management with emphasis in:**

Medical Management

Exercise

Behavioral Health

Goal Setting / Overcoming Barriers

Nutrition Education

Stress Management

**Patient Information:**

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Insurance: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Alt Phone: \_\_\_\_\_

Male

Female

**Does patient have clearance to exercise?**

**Yes**

**No**

Exercise Restrictions: \_\_\_\_\_

**Diagnosis (Unable to Provide Services Without Diagnosis):**

**250.00/E11.9** T2DM Controlled

**250.01/E10.9** T1DM Controlled

**790.22/R73.02** Abnormal Glucose Tolerance

**250.02/E11.65** T2DM Uncontrolled

**250.03/E10.65** T1DM Uncontrolled

Additional Diagnosis:

**272.4/E78.5** Hyperlipidemia

**401.1/I10** Hypertention

**277.70/E88.81** Dysmetabolic Syndrome

**278.00/E66.09** Obesity

**278.01/E66.01** Morbid Obesity

**585.9/N18.9** Chronic Renal Failure

I certify that it is medically appropriate to refer the above patient to Ekahi Wellness for evaluation and treatment.

\_\_\_\_\_  
Physician Name (Print)

\_\_\_\_\_  
NPI:

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Fax